

Running Club Lap Tracking Sheet — Class Tally

Free printable from Student Lap Tracker · one sheet per class per session

Class/Teacher: _____ **Date:** _____ **Course length:** _____

How to use: assign each volunteer no more than 10–20 runners. Make one tally mark per completed lap. After the session, total each row and transfer totals to your master record the same day.

[illegible]

Individual Student Running Log

Free printable from Student Lap Tracker · one log per student per season

Student: _____ Class: _____ Goal: _____

DATE	LAPS	MILES	RUNNING TOTAL (MILES)	INITIALS

Milestones:

☐ 5 miles ☐ 10 miles ☐ 25 miles ☐ 50 miles ☐ 100 miles